

Monmouth Rowing Club

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Monmouth Winter Head – 3rd December 2023

Safety Plan

1. Regatta Committee

- 1.1. Dan Cowton is appointed Safety Adviser for Monmouth Sprint & Regatta.
- 1.2. The Safety Advisor is a member of the organising committee.
- 1.3. Water Safety is a standing agenda item for the organising committee.
- 1.4. Bonita Birkett is appointed Welfare Officer.
- 1.5. The Welfare Officer is a member of the organising committee.
- 1.6. Welfare and Safeguarding is a standing agenda item for the organising committee.
- 1.7. Safety is a specific topic to be discussed at the "wash-up" meeting after the regatta.
- 1.8. Welfare and Safeguarding is a specific topic to be discussed at the "wash-up" meeting after the regatta.

2. Risk Assessment

The following items below are the items specific to the event These were reviewed by the Events Committee on **24th August 2023**.

Welfare & Safeguarding:

- Competing Clubs to be informed of their responsibilities regarding behaviour and in particular with regard to the supervision of juniors.
- The Welfare Officer can be contacted via Race Control between 1 hour before the start of racing and 1 hour after the end of racing each day.

2.1. Nature of the course:

- Start Area a safety launch will be at the start area throughout the Head to
 ensure the safety of crews turning and marshalling for the event. In particular the
 rocks on the corner of the bend (these may be well covered and the buoys will
 not be visible if there is no hazard) will be marked with a buoy and the safety
 launches and personnel will pay particular attention to this area.
- Finish Area a safety launch will be deployed at the finish area to make sure crews finishing are OK - watching out for rowers who are exhausted, making sure the finish area is cleared and that no crews drift down to the Wye Bridge
- An additional launch will be stationed downstream of the finish to ensure boats turn well upstream of the bridge and to assist rescue, with finish area launch, if required. Both finish launches are staffed by competent persons experienced in head racing.
- Crews moving up to start A clear circulation pattern is described in the information provided to competitors and in particular at the finish area, this is monitored by the finish safety launch and also the finish umpire.
- 2.2. This risk assessment will be re-reviewed as part of the "wash-up" discussion mentioned in 1.7 & 1.8 above. For completeness, the Monmouth Rowing Club risk assessment is attached as Appendix A, below. https://www.monmouthrc.org.uk/safety also includes the key safety documents for rowing at this venue.

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3. Safety Plan

- 3.1. This document constitutes the Safety Plan for Monmouth WInter Head 2023.
- 3.2. This document incorporates the Welfare Plan: Attached below.

3.3. Process for Cancelling Event

If conditions are such that there is a risk to the safe running of the event (e.g. high river, strong current, excessive debris etc.) then the race committee will assess the risks and consult with the umpires and determine whether to continue with the event. If it is agreed to continue with the event, then this decision will be reviewed periodically until conditions improve.

- 3.4. Reference is made to the NRW / Environment Agency River Level Data (as linked to MRC website) for forecasting of river water levels up to 36 hrs ahead of the event.
- 3.5. This plan is to be shared with Monmouth Police Station, Monmouth Ambulance Station, Monmouth Fire Station, and the NRW / Environment Agency on request. Emergency access will be maintained to ensure that emergency vehicles can come through the tunnel and access either the boathouse lawn or the main regatta field.
- 3.6. This plan will be made available to all officials, safety boat crews, umpires, first aiders & medical officers.

4. First Aid

- 4.1. The Event Medical Response Plan should be referred to for key information on incident response.
- 4.2. First Aid supplies are available from the race control. Should medical support be required, the doctor or a first aider will be called.
- 4.3. Dr James Allison is the Event Medical Adviser
- 4.4. All competitors are informed of the location of the first aid support in the "Instructions to Competitors" distributed with the draw information.
- 4.5. Medical Cover is provided by a local General Practitioner, Dr James Allison, supported by qualified first aiders.
- 4.6. Dedicated radios will be provided to ensure direct communication between Medical Cover, First Aid and Race Control.

5. Safety Boats

- 5.1. The following safety boats to be provided:
 - Start see risk assessment (2.1 above)
 - Finish see risk assessment (2.1 above)
 - Mid-course launches will be as set out in the "Circulation and Marshall Sheets", attached below. These will be available for all umpires, marshalls, coaches and competitors at www.monmouthrc.org.uk
 - "Ferry" this launch will be used to ferry umpires & officials to relevant points on the course and will also act in additional safety capacity.
- 5.2. All drivers to be briefed by a member of the Race Committee and to hold RYA Powerboat Level 2 qualification.
- 5.3. All safety boats to contain:

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- buoyancy aids
- line throwing equipment
- thermal blankets
- first aid equipment
- paddle
- engine cut-out lanyard device
- 5.4. All safety boats will be in radio contact with Regatta Control.
- 5.5. All people in safety boats will wear life jackets.

6. Umpires Launches

6.1. These are located at the 1500m bend and 500m to go.

7. Bank Umpires

- 7.1. Umpires will be located at the Start and Finish and at various points along the course, as set out on the "Circulation and Marshalling" sheets.
- 7.2. Safety launches are available in strategic positions and in radio contact with umpires so line throwing equipment is not required for bank umpires.
- 7.3. Bank Umpires will be provided with radios and loud hailers.

8. Race Monitors

Race Monitors will carry out timing duties in cooperation with umpires at the start and finish.

- 9. Instructions to Officials & Competitors
 - 9.1. The instructions to officials & competitors include the following information:
 - Local racing rules
 - Navigation rules
 - Flow pattern for boats proceeding to start, racing and after racing
 - Identification of local hazards
 - 9.2. These instructions also contain details of what actions to be taken in the event of an accident as well as emergency phone numbers and location of nearest telephones.
 - 9.3. Officials are all provided with specific instructions for their particular duties.
 - 9.4. Safety boats & start marshals must be in position before crews start boating.

A copy of these safety instructions is available at www.monmouthrc.org.uk

10. Control Commission

This will be set up at the base of the boat house ramp and will be manned by an umpire and support team. Crews will only be allowed through if they are paired up with their opposition – or their opposition is already on the water. The Control Commission umpire will perform the usual umpire's duties of this role according to rule 2.3 of the BR Rules of Racing.

11. Other River Users



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The other main river organisations (canoe hire companies) are notified of the event via the River Wye Calendar maintained by the Environment Agency.

11.1. River users coming downstream (generally canoes) will be warned by the start safety launch and given instructions of how to proceed. The start safety launch will also warn the umpires to ensure that racing can continue safely whilst allowing safe passage of the other users. Because of the nature of the river, it is very unlikely that other users will boat at the steps to proceed upstream. Those boating to go downstream will be warned to keep clear of the finish area by the volunteers supervising the boating and landing of crews.