

Monmouth Autumn/Winter Head Boating and Circulation For all Divisions

Boat IN NUMBER ORDER

Paddle up to start

Once Boated, **NO OVERTAKING**
(Until you're racing!)

Stay inside buoys and launches and close to Dixton Bank

Give Way to racing boats

Stay tight to the bend

Strip after bend before turning

Obey Launch Instructions

RACING:

Listen to start marshall

Stay middle/Hadnock side

Beware Bend and Rocks

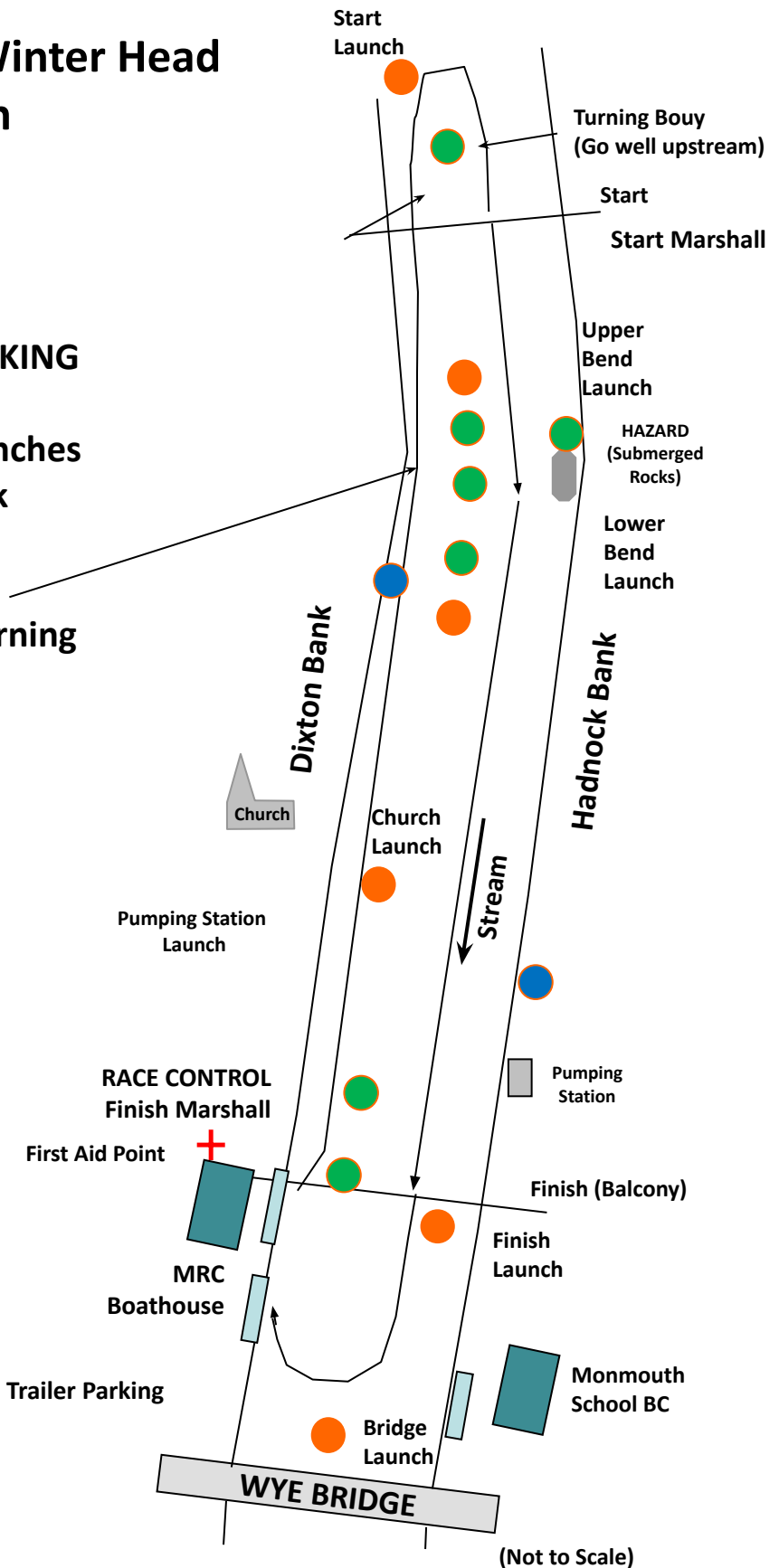
Listen to Launches and obey instructions

Be mindful that boats will be paddling up to start

Race well

Turn quickly after finish (Well upstream of bridge)

Have a good row.



- Safety Launches
- Marker Buoys
- Bank Marshall

(Not to Scale)

Monmouth Autumn and Winter Head – Course Layout & Contacts

Radios (see protocol document):

Channel 1 – Race Control

Channel 2 – Boating (MRC and Boy's School))

Radio Holders:

- “Start Launch”
- “Start Marshall”
- “Upper Bend Launch”
- “Lower Bend Launch”
- “Lower Bend Bank Marshall”
- “Church Launch”
- “Pumping Station Launch”
- “Finish Launch”
- “Finish Marshall”
- “RACE CONTROL”

Single channel – so no gossip!

Normally speak to RACE CONTROL

Example:

- “Race Control this is Start Launch, Over”
- “Start Launch this is Race Control, go ahead, over”
- “Crews are ready to start, over”
- “OK, ready to start, out”

- Key:**
- Launches
 - Course Markers
 - Umpire/Marshall
 - Landing Points

Emergency:

Ambulance – 999

Race Control :

Clubhouse – 01600 714488

Dan Cowton– 07966 390349

