

# Monmouth Autumn/Winter Head Boating and Circulation For all Divisions

## Boat IN NUMBER ORDER

Paddle up to start

Once Boated, **NO OVERTAKING**

(Until you're racing!)

Stay inside buoys and launches and close to Dixon Bank

Give Way to racing boats

Stay tight to the bend

Strip after bend before turning

Obey Launch Instructions

## RACING:

Listen to start marshall

Stay middle/Hadnock side

Beware Bend and Rocks

Listen to Launches and




obey instructions

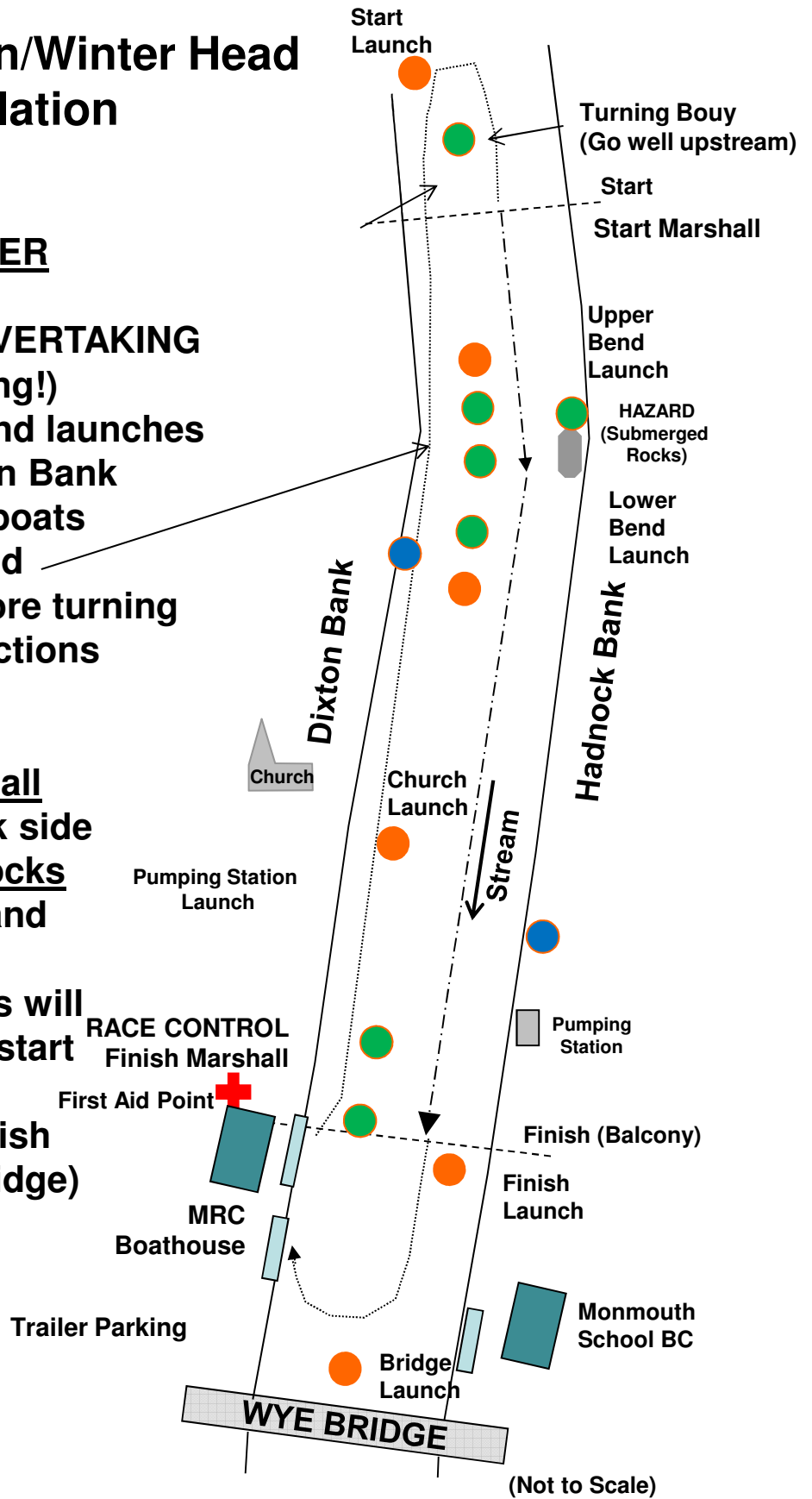
Be mindful that boats will be paddling up to start

Race well

Turn quickly after finish (Well upstream of bridge)

Have a good row.

-  Safety Launches
-  Marker Bouys
-  Bank Marshall



# Monmouth Autumn and Winter Head – Course Layout & Contacts

## Radio's:

### Everyone on Channel 1

#### Radio Holders:

- “Start Launch”
- “Start Marshall”
- “Upper Bend Launch”
- “Lower Bend Launch”
- “Lower Bend Bank Marshall”
- “Church Launch”
- “Pumping Station Launch”
- “Finish Launch”
- “Finish Marshall”
- “RACE CONTROL”

Single channel – so no gossip!

Normally speak to RACE CONTROL

Example:

- “Race Control this is Start Launch, Over”
- “Start Launch this is Race Control, go ahead, over”
- “Crews are ready to start, over”
- “OK, ready to start, out”

- Key:
- Launches
  - Course Markers
  - Umpire/Marshall
  - Landing Points

#### Emergency:

Ambulance – 999

Race Control :

Clubhouse – 01600 714488

Eric Froggatt– 07810 483466

