



Monmouth Regatta

Monmouth Rowing Club
The John Hartland Boathouse
Wyeside, Old Dixton Road
Monmouth, Monmouthshire
NP25 3DP
Web site: www.monmouthrc.org.uk
E-mail: events@monmouthrc.org.uk

Monmouth Sprint & Regatta 2026 Sat 23rd & Sun 24th May

NOTICE TO ALL COMPETITORS AND COACHES

PARKING

See map (<http://www.monmouthrc.org.uk/events/mrc---event-traffic-map.pdf>).
Note that we have separate routes and parking for trailers and cars.

REGISTRATION

Registration for all crews will open for each day as follows:

- Saturday morning from 7:30am
- Sunday morning from 8:00am

Crews may only register for the Saturday's racing on Saturday and for Sunday's racing on Sunday. Registration takes place in the MRC "Race Control" marquee near the boathouse.

ARRIVAL IN MONMOUTH

Directions to the club are available from the club website at <http://www.monmouthrc.org.uk>.

***All trailers must enter Monmouth via the roundabout
on the A40 (or get stuck in the main street!)***

The Regatta Committee asks you to appreciate the need to keep the trailer park as uncluttered as possible, given the number of club trailers expected at the event. To this end, please remove all towing vehicles to the indicated car park once trailers have been parked.

Parking and camping is available in the MRC field upstream of Monmouth Rowing Club in the designated areas. No cars or camping in the Town field (because of Monmouth Town Council restrictions). Cars can only be parked in indicated car park.

REFRESHMENTS

Saturday:

Hot & cold drinks, sandwiches, home-made cakes available all day and BBQ: opens 10am.
Bar: opens 11am.

Sunday:

Bacon and veggie rolls: 8am-10am.
Hot & cold drinks, sandwiches, cakes and BBQ: opens 10am.
Bar: opens 11am.

We hope you have a great weekend's rowing

REGULATIONS FOR COMPETITORS (incl. Safety Instructions)

1. The BR Rules of Racing and the BR Water Safety Code (as adopted by Welsh Rowing) will be strictly enforced.
2. All boats will carry a number in the number slot on the bows of the boat. The numbers are shown in the programme alongside the club's name. Numbers are to be collected from Registration.
3. Any crew which does not report to Registration as being present or which has not paid its entry fee one hour prior to race time is liable to disqualification. *Other crews from clubs that have scratched entries risk not being allowed to race if fees for scratched crews are not paid.*
4. No further alterations to the race programme can be made to accommodate boat sharing or doubling-up by competitors that was not notified to the Entries Secretary at the time of submission of entries, except at the sole discretion of the Entries Secretary. All permissible boat sharing and doubling-up, which was notified at the time of entry has been accommodated as best as is possible.
5. Crews must ensure that they are "paired up" with their opponents prior to boating in the on-shore marshalling area at least 30 minutes before the advertised time of their races. Crews will not be called and may be disqualified if they arrive late.
6. All crews will boat from the upstream landing stage (adjacent to Monmouth Rowing Club) and disembark from the landing stage downstream of the club.
7. The first-named boat in each event will race on the Hadnock (Monmouth School Boathouse) station.
8. Boats proceeding to the start must keep to the Dixton (Town/Monmouth Rowing Club) side of the river and must obey instructions given to them by the course umpires and marshals. Please see the attached map and instructions for further navigation and safety information. *Crews ignoring these instructions are liable to an official warning or disqualification – safety is the utmost priority.*
9. Competitors may be required to produce their Racing Licenses as proof of status at Registration. Prizes will automatically be withheld from any crew whose members do not produce Racing Licenses or if misrepresentation has taken place. Day tickets are available.
10. Coxes are required to produce their own additional weight. The minimum weight for all W/J16 and above categories following the April 2023 change in rules is 55kg. All younger categories remain at 45kg.
11. No row-overs will be permitted except at the express permission of Race Control.
12. To ensure the safety of all competitors and to avoid congestion on the landing stages, no practice outings or "warm-downs" will be permitted while racing is in progress. Outings outside the race timetable are at the risk of athletes, no safety boat cover will be provided.
13. Saturday's event will be rowed over 1500m and Sunday's event over 750m. Both events will be raced downstream from a free start to the same finish marker.
14. In the event of a dead-heat the race will be re-rowed over the full course.
15. A horn will sound at the end of each race and the result will be announced over the loudspeakers.
16. Race Control reserves the right to alter the programme of events if it is considered necessary.
17. All Challenge Cups remain the property of the Monmouth Rowing Club.

Contact Phone numbers:

**Eric Froggatt – Chair/Race Control
07810 483466**

**Bonita Birkett – Regatta Secretary/Welfare
07747 444795**

**James Allison – First Aid Co-ordinator &
Safety Advisor - 07855 429853**

**Scott Hazledine – Rota
07772 649715**