



Monmouth Winter Head – 7th December 2025

Safety Plan

1. Regatta Committee

- 1.1. Mary Miller is appointed Safety Adviser for the event.
- 1.2. The Safety Advisor is a regular member of the organising committee.
- 1.3. Water Safety is a standing agenda item for the organising committee.
- 1.4. Bonita Birkett is appointed Welfare Officer.
- 1.5. The Welfare Officer is a regular member of the organising committee.
- 1.6. Welfare and Safeguarding is a standing agenda item for the organising committee.
- 1.7. Safety is a specific topic to be discussed at the “wash-up” meeting after the event.
- 1.8. Welfare and Safeguarding is a specific topic to be discussed at the “wash-up” meeting after the event.

2. Risk Assessment

The following items below are the items specific to the event. These were reviewed on 13th October 2025.

Welfare & Safeguarding:

- Competing Clubs to be informed of their responsibilities regarding behaviour and in particular with regard to the supervision of juniors.
- The Welfare Officer can be contacted via Race Control between 1 hour before the start of racing and 1 hour after the end of racing each day.

2.1. Nature of the course:

- Start Area – a safety launch will be at the start area throughout the event to ensure the safety of crews turning and marshalling for the event. In particular the rocks on the corner of the bend will be marked with a buoy and the safety launches and personnel will pay particular attention to this area.
- Finish Area – a safety launch will be deployed at the finish area to make sure crews finishing are OK - watching out for rowers who are exhausted, making sure the finish area is cleared and that no crews drift down to the Wye Bridge
- An additional launch will be stationed downstream of the finish to ensure boats turn well upstream of the bridge and to assist rescue, with finish area launch, if required. Both finish launches are to be staffed by competent persons experienced in head racing.
- Crews moving up to start – A clear circulation pattern is described in the information provided to competitors and in particular at the finish area, this is monitored by the finish safety launch and also the finish umpire.

- 2.2. This risk assessment will be re-reviewed as part of the “wash-up” discussion mentioned in 1.7 & 1.8 above. For completeness, the Monmouth Rowing Club risk assessment is attached as Appendix A, below. <https://www.monmouthrc.org.uk/safety> also includes the key safety documents for rowing at this venue.

3. Safety Plan



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3.1. This document constitutes the Safety Plan for this event.

3.2. This document incorporates the Welfare Plan:
Attached below.

3.3. Process for Cancelling the Event

If conditions are such that there is a risk to the safe running of the event (e.g. high river, strong current, excessive debris etc.) then the race committee will assess the risks and consult with the umpires and determine whether to continue with the event. If it is agreed to continue with the event, then this decision will be reviewed periodically until conditions improve.

3.4. Reference is made to the NRW / Environment Agency River Level Data (as linked to MRC website) for forecasting of river water levels up to 36 hrs ahead of the event.

3.5. This plan is to be shared with Monmouth Police Station, Monmouth Ambulance Station, Monmouth Fire Station, and the NRW / Environment Agency on request. Emergency access will be maintained to ensure that emergency vehicles can come through the tunnel and access either the boathouse lawn or the main regatta field.

3.6. This plan will be made available to all officials, safety boat crews, umpires, first aiders & medical officers.

4. First Aid

4.1. First Aid is provided by a bought in professional.

4.2. First Aid supplies are available from the race control. Should medical support be required, the doctor or a first aider will be called.

4.3. All competitors are informed of the location of the first aid support in the "Instructions to Competitors" distributed with the draw information.

4.4. First Aid Cover is coordinated by a qualified first aider, James Allison, supported by a team of six first aiders in various locations across the event site.

4.5. Dedicated radios will be provided to ensure direct communication between First Aid and Race Control.

5. Safety Boats

5.1. The following safety boats to be provided:

- Start and Finish– see risk assessment (2.1 above)
- Mid-course - launches will be as set out in the "Circulation and Marshall Sheets", attached below. These will be available for all umpires, marshalls, coaches and competitors at www.monmouthrc.org.uk

5.2. All drivers to be briefed by a member of the Race Committee and to hold RYA Powerboat Level 2 qualification or similar.

5.3. All safety boats to contain:

- buoyancy aids
- line throwing equipment
- thermal blankets
- basic first aid equipment
- paddle
- engine cut-out lanyard device
- whistle and Knife



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5.4. All safety boats will be in radio contact with Race Control.

5.5. All people in safety boats will wear life jackets.

6. Umpires Launches

Not applicable for this event.

7. Bank Umpires

- Umpires will be located at the Start and Finish and at various points along the course, as set out on the "Circulation and Marshalling" sheets.

7.1. Safety launches are available in strategic positions and in radio contact with umpires so line throwing equipment is not required for bank umpires.

7.2. Bank Umpires will be provided with radios and loud hailer

8. Race Timers

Race Timers will run the timing of the event, working with the umpires.

9. Instructions to Officials & Competitors

9.1. The instructions to officials & competitors include the following information:

- Local racing rules
- Navigation rules
- Flow pattern for boats proceeding to start, racing and after racing
- Identification of local hazards

9.2. These instructions also contain details of what actions to be taken in the event of an accident as well as emergency phone numbers and location of nearest telephones.

9.3. Officials are all provided with specific instructions for their particular duties.

9.4. Safety boats & start marshals must be in position before crews start boating.

A copy of these safety instructions is available at www.monmouthrc.org.uk

10. Control Commission

This will be set up at the base of the boat house ramp and will be manned by an umpire and support team. The Control Commission umpire will perform the usual umpire's duties of this role according to rule 2.3 of the BR Rules of Racing.

11. Other River Users

The other main river organisations (canoe hire companies) are notified of the event via the River Wye Calendar maintained by the Environment Agency.

11.1. River users coming downstream (generally canoes) will be warned by the start safety launch and given instructions of how to proceed. The start safety launch will also warn the umpires to ensure that racing can continue safely whilst allowing safe passage of the other users. Because of the nature of the river, it is very unlikely that other users will boat at the steps to proceed upstream. Those boating to go downstream will be warned to keep clear of the finish area by the volunteers supervising the boating and landing of crews.