



MONMOUTH SPRINT



and

MONMOUTH REGATTA

Saturday 23rd May and Sunday 24th May 2009

**Victor Ludorum for all events on Sunday and at Hereford City Regatta on Monday
£750 first prize to winning club and £250 runner-up.
1 point awarded for each seat (excluding coxes) in every event winner**

- Entries are invited for the following events (open and women) only via OARA

Eights	Novice, Intermediate (3, 2 & 1), Senior & Elite
Coxed Fours	Novice, Intermediate (3, 2 & 1), Senior, Elite, Veteran, Junior (J16, J17 & J18)
Coxless Fours	Novice, Intermediate (3, 2 & 1), Senior, Elite, Veteran, Junior (J18)
Quadruple Sculls	Intermediate (1), Senior, Elite, Veteran & Junior (J16, J17 & J18)
Coxed Quadruple Sculls	Junior (J13, J14 & J15)
Coxless Pairs	Intermediate (1), Senior, Elite, Veteran & Junior (J18)
Double Sculls	Novice, Intermediate (3, 2 & 1), Senior, Elite, Veteran & Junior (categories J12, J13, J14, J15, J16, J17 & J18)
Single Sculls	Novice, Intermediate (3, 2 & 1), Senior, Elite, Veteran & Junior (categories J12, J13, J14, J15, J16, J17 & J18)

- Events will be run in accordance with the WARA Rules of Racing & the WARA Water Safety Code.
- Saturday: 750 metres downstream Sunday: 1,500 metres downstream (subject to variance of free start)
- Events will be run where 3 or more entries are received.
- Doubling up is allowed but must be notified as well as any boat sharing at time of entry. The regatta will do its best to accommodate these requests and expects similar flexibility from all competitors

ENTRIES CLOSE 12 NOON SUNDAY 17th May 2009

- ENTRY FEES are £8.50 per seat (excluding coxes) if payment received by **Thursday 21st May**. Payment after this date will incur a £1.50 levy per seat.

Entry Fees (cheques payable to "Monmouth RC") & Enquiries to:

John Griffiths, Monmouth Regatta, c/o 11 Oaklands Drive, Monmouth, NP25 5DT

Telephone: 01600 712738

E-mail: regatta@monmouthrc.org.uk

FREE CAMPING ** BAR & FOOD SATURDAY NIGHT ** BREAKFAST SUNDAY MORNING